



L74 Track and Race Products
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GSXR1000 2017> Front Kit

Installation instructions

1. Remove Callipers and front wheel.
2. Remove the front 2 bolts of the mud guard. These are now not needed.
3. Remove the 2 rear bolts, situated inside the mudguard and move them to where the front ones were removed from, before fitting add the springs included in your kit.
4. Fit the new bolts included to the inside rear mud guard positions. No springs required here.
5. Insert spindle sleeve into the left-hand fork leg (as looking at the front of bike), tighten pinch bolts. Do not over tighten. These only need to be pinched, over tightening will prevent the spindle from being screwed in smoothly.
6. Insert wheel and spindle, tighten pinch bolts as normal on right-hand side
7. Refit callipers or install your new ones and you are ready to practice your front wheel changes,
8. Undo right hand pinch bolts and remove spindle while holding wheel in position.
9. Pull wheel forwards so that the callipers can be twisted out from behind brake disks, do right hand first then left, lower wheel and pull forwards to roll out.
10. Replace wheel by rolling into position, this will push the callipers out automatically.
11. Lift wheel and twist caliper back behind disc, slide discs back into the pads and refit the spindle (35Nm)
12. Tighten right hand pinch bolts as normal.
13. Repeat a few times until you get the hang of it
14. Sit down and laugh at your mates while drinking tea on your track/race day while they struggle with theirs.



Please Note:

These products are designed to be fitted with basic tools, but some items will require drilling and tapping to secure plates in place plus the brake callipers may require bleeding.
Therefore, we recommend fitting to be done by trained professionals.



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Mud Guard & Brake Pad Modification

This is not essential but does help with the wheel change.

Mud guard

Taking material from the mud guard helps it flex when twisting the fork legs.

Cut mudguard as shown in the photo below.

Brake pads

Chamfering the front edges of the brake pads gives a guide to the brake disc keeping the pads apart

Only a small chamfer is required as shown below



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